

Evening Prayer, 30 March 2025, The Fourth Sunday of Lent (Mothering Sunday)

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Hear our voice, O Lord, according to your faithful love,
according to your judgement give us life.

HYMN

That this evening may be holy, good and peaceful,
let us pray with one heart and mind.

Silence is kept.

As our evening prayer rises before you, O God,
so may your mercy come down upon us
to cleanse our hearts
and set us free to sing your praise
now and for ever.

Amen.

The Word of God

Psalm 30

You brought me up, O Lord, from the dead.

1 I will exalt you, O Lord, because you have raised me up ♦
and have not let my foes triumph over me.

2 O Lord my God, I cried out to you ♦
and you have healed me.

3 You brought me up, O Lord, from the dead; ♦
you restored me to life from among those that go down to the Pit.

4 Sing to the Lord, you servants of his; ♦
give thanks to his holy name.

5 For his wrath endures but the twinkling of an eye, his favour for a lifetime. ♦
Heaviness may endure for a night, but joy comes in the morning.

6 In my prosperity I said, 'I shall never be moved. ♦
You, Lord, of your goodness, have made my hill so strong.'

7 Then you hid your face from me ♦
and I was utterly dismayed.

8 To you, O Lord, I cried; ♦
to the Lord I made my supplication:

9 'What profit is there in my blood, if I go down to the Pit? ♦
Will the dust praise you or declare your faithfulness?

10 'Hear, O Lord, and have mercy upon me; ♦
O Lord, be my helper.'

11 You have turned my mourning into dancing; ♦
you have put off my sackcloth and girded me with gladness;

12 Therefore my heart sings to you without ceasing; ♦
O Lord my God, I will give you thanks for ever.

**Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.**

You brought me up, O Lord, from the dead.

Canticle

Christ committed no sin, no guile was found on his lips.

1 Christ suffered for you, leaving you an example, ♦
that you should follow in his steps.

2 He committed no sin, no guile was found on his lips, ♦
when he was reviled, he did not revile in turn.

3 When he suffered, he did not threaten, ♦
but he trusted himself to God who judges justly.

4 Christ himself bore our sins in his body on the tree, ♦
that we might die to sin and live to righteousness.

5 By his wounds, you have been healed, for you were straying like sheep, ♦
but have now returned to the shepherd and guardian of your souls.

**Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.**

Christ committed no sin, no guile was found on his lips.

Scripture Reading The Prayer of Manasseh

O Lord Almighty,
God of our ancestors,
of Abraham and Isaac and Jacob
and of their righteous offspring;
you who made heaven and earth
with all their order;
who shackled the sea by your word of command,
who confined the deep
and sealed it with your terrible and glorious name;
at whom all things shudder,
and tremble before your power,
for your glorious splendour cannot be borne,
and the wrath of your threat to sinners is unendurable;
yet immeasurable and unsearchable
is your promised mercy,
for you are the Lord Most High,

of great compassion, long-suffering, and very merciful,
and you relent at human suffering.
O Lord, according to your great goodness
you have promised repentance and forgiveness
to those who have sinned against you,
and in the multitude of your mercies
you have appointed repentance for sinners,
so that they may be saved.
Therefore you, O Lord, God of the righteous,
have not appointed repentance for the righteous,
for Abraham and Isaac and Jacob, who did not sin against you,
but you have appointed repentance for me, who am a sinner.
For the sins I have committed are more in number than the sand of the sea;
my transgressions are multiplied, O Lord, they are multiplied!
I am not worthy to look up and see the height of heaven
because of the multitude of my iniquities.
I am weighted down with many an iron fetter,
so that I am rejected because of my sins,
and I have no relief;
for I have provoked your wrath
and have done what is evil in your sight,
setting up abominations and multiplying offences.
And now I bend the knee of my heart,
implore you for your kindness.
I have sinned, O Lord, I have sinned,
and I acknowledge my transgressions.
I earnestly implore you,
forgive me, O Lord, forgive me!
Do not destroy me with my transgressions!
Do not be angry with me for ever or store up evil for me;
do not condemn me to the depths of the earth.
For you, O Lord, are the God of those who repent,
and in me you will manifest your goodness;
for, unworthy as I am, you will save me according to your great mercy,
and I will praise you continually all the days of my life.
For all the host of heaven sings your praise,
and yours is the glory for ever. Amen.

Gospel Canticle The Magnificat

Come, let us return to the Lord, for our God will richly pardon.

- 1 My soul proclaims the greatness of the Lord, my spirit rejoices in God my Saviour; ♦
 he has looked with favour on his lowly servant.
- 2 From this day all generations will call me blessed; ♦
 the Almighty has done great things for me and holy is his name.
- 3 He has mercy on those who fear him, ♦
 from generation to generation.
- 4 He has shown strength with his arm ♦
 and has scattered the proud in their conceit,
- 5 Casting down the mighty from their thrones ♦
 and lifting up the lowly.

6 He has filled the hungry with good things ♦
and sent the rich away empty.

7 He has come to the aid of his servant Israel, ♦
to remember his promise of mercy,

8 The promise made to our ancestors, ♦
to Abraham and his children for ever.

**Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.**

Come, let us return to the Lord, for our God will richly pardon.

Prayers

Silence may be kept.

The Collect of the day is said

Merciful Lord,
absolve your people from their offences,
that through your bountiful goodness
we may all be delivered from the chains of those sins
which by our frailty we have committed;
grant this, heavenly Father,
for Jesus Christ's sake, our blessed Lord and Saviour,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

The Lord's Prayer is said

Trusting in the compassion of God,
let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven, hallowed be thy name;
thy kingdom come; thy will be done; on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation; but deliver us from evil.
For thine is the kingdom, the power and the glory, for ever and ever.
Amen.**

The Conclusion

May God our Redeemer show us compassion and love.
Amen.

Let us bless the Lord.
Thanks be to God.